



2017 ONTARIO PROVINCIAL CHAMPIONSHIPS

Sunday, June 18 2017

Orangeville and Mono, Ontario

SUNDAY June 18, 2017

| | | |
|--|------------------|--|
| <u>Registration</u> | 8.00 am | Orangeville District Secondary School Gymnasium 22 Faulkner St, Orangeville, ON L9W 2G7 Map: http://www.ugdsb.on.ca/odss/contact/ |
| <u>Fencing</u> | 8:30 am sharp | Orangeville District Secondary School Gymnasium |
| <u>Swimming</u> | 12:00 pm-1:00 pm | Tony Rose Memorial Sports Centre Pool 6 Northmen Way, Orangeville, ON |
| <u>Riding*</u> Junior & Senior *Optional for youth divisions | 2.00 pm | Starting with demonstration ride. Silver Fox Equine 873096 5th Line EHS, RR5, Mono, ON |
| <u>Laser-Run</u> | to follow | Silver Fox Equine |

Awards

**Social BBQ Dinner to follow,
Details will be sent later.**



2017 ONTARIO PROVINCIAL CHAMPIONSHIPS – ENTRY DETAILS

| Division | Divisions | Events | Fees |
|----------------------|-------------------------|--|-------|
| Pentathlon (5 Event) | Junior, Senior, Masters | fencing, swimming, riding, Laser-Run | \$125 |
| Tetrathlon (4 Event) | Youth * Age 7- 19 | Fencing, swimming, AND Laser-Run (Laser-Run counts as 2 events) | \$80 |
| 3 Event | All | Any 3: fencing OR swimming AND Laser-Run (Laser-Run counts as 2 events) | \$65 |
| 2 Event | All | Fencing AND swimming, OR Laser-Run only (Laser-Run counts as 2 events) | \$50 |

* Youth divisions may ride subject to horse availability, however, it does not count toward the final placement within their division as per UIPM rules.

*** Accommodations will be made for para-athletes***

Entries can be done by Paypal or Cheque:

Please send the completed entry form, waiver by email **prior to June 2**

1. For PayPal entries only:

Email Entry form to Secretary at jprudolph1@gmail.com and a PayPal invoice will be sent for payment prior to closing date.

2. For Payment by Cheque only:

Mail entry form and Cheque payable to "Pentathlon Ontario" **prior to June 2** to:

Pauline Vossen
Pentathlon Ontario Secretary
351521 17th Line,
East Garafraxa, ON L9W 7E1
jprudolph1@gmail.com

Deadline for entries June 2, 2017

Please direct any questions by email to: Shaun Lagrange: salagrange@sympatico.ca

An email confirmation will be sent upon entry receipt.

A \$20.00 late entry fee will be applicable for entries received after June 2, 2017

Late entries will not be guaranteed availability of fencing equipment or horses as horse availability needs to be confirmed in advance.

All withdrawals prior to deadline will be levied an administrative fee of \$25.00.

SUGGESTED ACCOMMODATION FOR OUT OF TOWN GUESTS

Best Western Plus Orangeville,; 7 Buena Vista Dr, Orangeville, ON L9W 0A2 Phone:(519) 941-3311



INFORMATION ON DIVISIONS. Please review prior to entering.

Please review 2017 UIPM rules prior to competing at: <http://www.pentathlon.org/the-uipm/rules-regulations/>

| Division Name | Athlete Information <i>The age will be counted by subtracting the year of birth from the year of the competition</i> | Swim distance | Run distance | Laser-Run |
|------------------------------|---|-------------------|----------------------|---|
| under 9 | 8 and younger | 50 m | 400 m | 1 x 400 m run 1 x 50 seconds 5 shots laser pistol |
| Under 11 | 9-10 years | 50 m | 400 m | 1 x 400 m run 1 x 50 seconds 5 shots laser pistol |
| Under 13 | 11 - 12 years | 100 m | 800 m | 2x 400 m run 2 x 50 seconds 5 shots laser pistol |
| Under 15 | 13 – 14 years | 100 m | 1600 m | 2 x 800 m run 2 x 50 seconds 5 shots 5 Laser Pistol |
| Under 17 | 15 – 16 years - | 200 m | 2400 m | 3 x 800 m run. 3 x 50 seconds 5 shots Laser Pistol |
| Under 19 Junior Senior | 17-18 year old 19-21 years old 22 and over | 200 m | 3200 m | 4 x 800 m run 4 x 50 seconds 5 shots Laser Pistol |
| Masters | 30+,40+,50+ 60+,70+ | 100 m 50 m | 2400 m 1200 m | 3 x 800 m run. 3 x 50 seconds 5 shots Laser Pistol 3 x 400 m run 3 x 50 seconds 5 shots laser pistol |

Laser-Run (All Divisions)

- Laser-Run event counts as 2 events (run and shoot)
- See table above. It involves an initial run in of 20 meters, followed by 1, 2, 3 or 4 (see table, according to age group) sets of shooting in 50 seconds followed by run sequence.
- Laser targets and laser pistols will be used. CO₂ and air will not be provided
- Please indicate if you need to borrow a laser pistol. **There are limited laser pistols available.**
- Outdoor course set on grass (running spikes allowed).

Fencing

- Equipment must be in safe working order. Helmets will be checked and stamped.
- Club level equipment can be provided on request for the day, please see registration form and fees.
- Long pants and running shoes are appropriate for the under 17 divisions.
- A bonus round fencing ladder will take place at conclusion of the ranking round, with each bonus round victory counting for 1 point.

Swimming

- **6-lane 25 metre pool**, starting blocks
- Under age 10, flutter boards welcome (scores will be adjusted)
- Warm up will be **20 minutes** at opening of pool
- Bathing suit required, goggles and cap recommended
- Order of swim – starting with Senior.

Riding

- Up to max. 110 cm stadium course (**senior**) 105 cm (**junior**), accommodations for lower heights can be made but will not count in final Senior/ Junior division score.
- Youth riding (subject to horse availability) as an additional event must indicate maximum height comfortable
- ASTM Helmet with secure strap and riding footwear mandatory.
- **20 minute** warm up with **5 jump** maximum.



**2017 ONTARIO PROVINCIAL CHAMPIONSHIPS
ENTRY FORM**

| | |
|---|---------------------------|
| Last Name: | First Name : |
| Competition Level Entered: _____ Birth Date (YY/MM/DD) _____ / ____ / ____ | |
| Note for filling out competition level: <i>The age will be counted by subtracting the year of birth from the year of the competition. e.g. Under 19 (17-18 year old) . Please review table further above.. Athletes may upgrade one level above their age group. For information please contact salagrango@sympatico.ca</i> | |
| Address: | |
| City: | Postal Code: |
| Email: | Cell Phone: () |

Fill out one entry form per competitor

Pentathlon - 5 events \$125 \$ _____

*For age 18 and below, please indicate height comfortable jumping:
_____ ft/ _____ cm*

Tetrathlon - 4 events (no riding) \$80 \$ _____

3 events (please indicate selection below) \$65 \$ _____

2 events (please indicate selection below) \$50 \$ _____

Swimming Fencing Laser-Run (counts as 2)

I am a 2017 Pentathlon Ontario member

Please contact the Pentathlon Ontario Entry Secretary if you need to purchase membership prior to entering the competition, or membership form can be found at <http://pentathloncanada.ca/wp-content/uploads/2014/06/2017-PENTATHLON-ONTARIO-MEMBERSHIP-FORM.pdf>

I need to borrow fencing equipment \$ 5 \$ _____

*Please give details on what is needed and sizes.
Late entries cannot be guaranteed equipment.*

I need to borrow a laser pistol \$15 \$ _____

Total event registration, equipment rental, membership \$ _____

Add \$20.00 Late Fee (Entries received after June 2) \$ _____

ADD IF APPLICABLE: I will be sharing a LASER pistol with: _____

ADD: Best official past recorded swim time for your division distance : distance: _____ m time : _____



ENTRY WAIVER

Name: _____ Birth Date: _____

Waiver and Release: I understand that participation in laser pistol shooting, fencing, running, riding and swimming involves certain risks and serious dangers which are inherent to the sport and I hereby release the Pentathlon Ontario ("P.O."), Silver Fox Equine, the Upper Grand District School Board, the Town of Orangeville, the Town of Mono; and their Directors, Officers, Officials, Representatives, Servants and Agents from any liability or costs arising out of or in connection with any activity of Pentathlon, including any liability due to the negligence or a breach of contract of its servants or agents in the course of my participating in the sport, or training, for a Pentathlon Ontario event.

I further confirm that I am over the age of majority in my province, (alternatively) I understand that my parent or guardian is required to sign this Waiver before I can participate in any activity under the auspices of the Pentathlon.

Athlete name: _____ Signature _____

FOR MINORS UNDER AGE OF 18 - I concur that the above named minor is in good physical condition and may participate in Pentathlon activities. I have read and understood the above waiver and my signature indicates agreement with both the application for participation in this sport and with the waiver.

Parent/Guardian name: _____ Signature _____

Patient/Guardian Consent: Consent is hereby given for such routine diagnostic procedures and medical treatment by an attending physician, his or her assistants or his or her designees as is necessary in his or her judgment should such care be required by either myself or the above mentioned athlete.

Parent/Guardian Signature _____

The safety of horses provided for Modern Pentathlon competitions is of concern to all of Modern Pentathlon.

I recognize that the riding course and/or the horse selected for me might be beyond my riding abilities and I accept the authority of the Technical Committee (Equestrian Phase), in consultation with the head of my team delegation, during the warm-up phase of the riding competition, to decide to exclude me from the riding event.

Athlete Signature : _____

Parent signature for minors: _____



PENTATHLON CANADA WAIVER

Covering all Modern Pentathlon Competitions, Local, Provincial, National and International

I am aware that modern pentathlon involves many inherent risks, dangers and hazards, including but not limited to, the use and operation of air pistols, fencing equipment, equestrian equipment, horses and obstacles, cross-country running terrain with associated hazards, negligence on the part of event organizers, event volunteers, coaches, other athletes and spectators.

I freely accept and fully assume all such risks, dangers, and hazards and the possibility of personal injury, property damage or loss resulting from such risks, dangers, and hazards. In consideration of Pentathlon Canada allowing me to take part as a manager, coach or athlete in Modern Pentathlon competitions, whether they be local, provincial, national or international, (hereafter referred to as "the Competitions"), I hereby agree as follows:

TO ASSUME AND ACCEPT ALL RISKS, DANGERS AND HAZARDS in connection with my participation in, and/or travel to or from, the Competitions;
TO WAIVE ANY AND ALL CLAIMS that I may have against the Pentathlon Canada, its directors, officers, employees, agents and representatives (all of whom are collectively referred to as "Pentathlon Canada");
TO RELEASE Pentathlon Canada from any and all liability for any loss, damage, injury or expense that I, or my next of kin, may suffer or incur as a result of my participation in, and/or travel to or from, the Competitions, due to any cause whatsoever, INCLUDING NEGLIGENCE ON THE PART OF Pentathlon Canada;
TO HOLD HARMLESS AND INDEMNIFY Pentathlon Canada from any and all liability for property damage or personal injury suffered by myself or by a third party as a result of my participation in, and/or travel to or from, the Competitions.

I have read and understood this Waiver prior to signing it and am aware that by signing this document, I am accepting the terms of this Waiver and am thereby affecting the legal rights and liabilities of myself, my family, administrators and assigns in relation to Pentathlon Canada. I confirm that I am over the age of majority in my Province. *(For those under the age of majority in their Province)* I understand that my parent or guardian is required to sign this Waiver before I can participate in any competition under the auspices of Modern Pentathlon.

Print Athlete Name: _____

Signature of Athlete: _____

Signature of Parent for minors under 18 : _____

Print Parent Name for minors under 18 : _____

Date _____